



## Children's Physiotherapy

**Physiotherapists support children and young people who have difficulty with movement that impact on physical development, activity in play, learning and socialising.**

### **Are you worried about your child having:**

- **On-going aches and pains and injuries**
- **Walking difficulties**
- **Balance problems**
- **Not achieving their milestones e.g. rolling over, sitting up, not walking yet.**

Our drop-in clinic is the **LAST Thursday** of every month. Please come along to see a physiotherapist to discuss your concerns.

Physiotherapy Department, St John's Hospital, Livingston.

01506 522068

9.30am – 11.30am